



Executive Coaching - Level -1

Certified program to develop coaches with in organisation to create a coaching culture .

Our Level -1 Coach Training Program provides the foundation skills and practise of an organisational coach . It is taught in a blended learning environment and offers the most flexible learning pathway possible.

Duration : 3 days

Course design :

Pre-Learning :

- Psychometric assessment
- Pre-Learning materials

Core Area	Topic
Gateways Global & ITA Coaching Framework	Understand the unique coaching style developed by GatewaysGlobal & ITA in aligned with ICF
The competencies of an Organisational Coach	A GatewaysGlobal Coach - Your differentiation
	Your expertise & linking forward
	Self- Awareness
Organisational Coaching -: Beginning	Career Projection
	Distinction between Coaching , Mentoring , Counselling and Training
	The Skill - Will and Coaching
	Definition of Coaching
	Your Coach Progression Path
	The Performance formula
Relationship in Learning	Landscape model
	Various relationships
	Quality of relationship
Questions	Linking relationship with Learning
	The Coach questions
The GROW model	"W" s and rest
	Introduction to basic of coaching
Learning and Change	GROW model
	Manging Change through Coaching
Coaching Style : Learning different style & adapt.	The Cycle of Change
	Coaching styles & linkage to individual behaviour
Preparing Self	My behaviour pattern
	Modification required to b a coach
	My role as a Coach
Practising Coaching	Handing difficult behaviours
	Coaching in the organisational context
	Creating cultural change in organisation
Ethics and Coaching	Professional ethics
	Establishing Coaching Contract

Post Learning :

- Coaching assignment
- Learning Project -: Thesis

Course Objective :

At the end of Level 1 Organisational Coaching Certification participants will be able to -:

- Understand what organisational coaching is and the context within which it sits
- Have learnt and applied foundational models of organisational coaching skills
- Be able to demonstrate the ICF core competencies of a coach
- Have established your particular style as an organisational coach and learnt how to develop it
- Know about the coaching relationship, in terms of framework, processes and outcomes
- Understand how to frame and use coaching questions
- Have practiced coaching and also had the experience of being coached
- Have developed your own style of useful models and coaching skills
- Complete a assessment projects which measures your understanding.